

**WAIVER** I know that participation in a road race is potentially hazardous. I should not enter and run or walk unless I am able and properly trained. I know that, although police protection is provided, there may be traffic on the course route. I assume the risk of running or walking in traffic. I also assume any and all other risks associated with participation in this event, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity and cold temperatures, and conditions of the road, all such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. I also authorize First Aid and/or treatment to be rendered in case of any emergency.

I hereby consent to and authorize the use and reproduction, in print or electronic format, by the Adams Wells Crisis Center or anyone authorized by the the Adams Wells Crisis Center, of any and all photographs which have been taken on this day for any publicity purposes without compensation.

I also understand, in which case the Race Directors deem the weather conditions to be unsafe for the start or continuation of the race, that the race may be postponed or canceled. Should I choose to stay on the race course, I do so at my own risk. All entry fees are non-refundable.

Having read this waiver and knowing these facts and in consideration of our accepting my entry, I, for myself and anyone entitled to act for my behalf, waive and release the Adams Wells Crisis Center, the management personnel and all sponsors of the event, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver.

I hereby acknowledge that I have read and understand the terms of this waiver.

\_\_\_\_\_  
SIGNATURE

(BY PARENT OR GUARDIAN IF PARTICIPANT IS UNDER 18)

## 2nd Annual Adams Wells Crisis Center

### 5K Run / Walk / Family Stroll

SATURDAY—May 1, 2010

***RUN OVER***



***VIOLENCE***

#### ***HOW DO I REGISTER?***

***Detach the registration form and mail  
with payment to:***

***ADAMS WELLS CRISIS CENTER  
PO BOX 253  
DECATUR, IN 46733***

For more info, visit our website at  
<http://awcc.embarqspace.com>

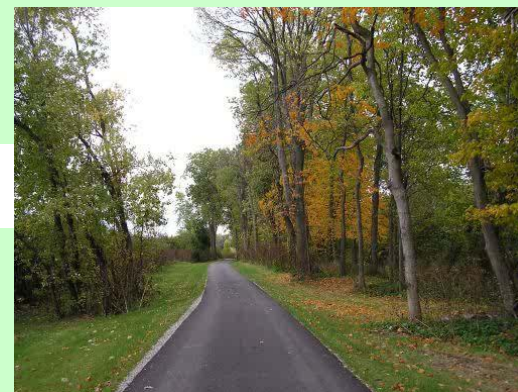
## 2nd Annual Adams Wells Crisis Center

### 5K Run / Walk / Family Stroll

***RUN OVER***



***VIOLENCE***



SATURDAY—May 1, 2010

Run/walk on the paved  
River Greenway along  
the scenic St. Mary's River.

Decatur, Indiana

# 2nd Annual Adams Wells Crisis Center

## 5K Run / Walk / Family Stroll

SATURDAY, May 1, 2010

Kids Fun Run - 9:00 a.m.  
5K Run/Walk Stroll- 9:10am

**RUN OVER**



**VIOLENCE**

*The national average is every 9 seconds  
a woman or child is abused or battered.*

It also happens in the area of the Adams and Wells counties. Each year the incidents and intensity of domestic violence escalates to higher levels than the year before. The Adams Wells Crisis Center has established a safe shelter where battered women and their children can find refuge and rebuild their lives.

*All of the net proceeds from this race will go  
directly toward the operation of  
the Adams Wells Crisis Center,  
501C3 non-profit organization.*

<http://awcc.embarqspace.com>

### Registration

- Early registration for ages 11 & up is \$12 before April 19; T-shirt guaranteed.
- Registration for ages 11 & up after April 19 is \$15, T-shirt not guaranteed.
- Children 10 years & under walk free. Participation gift to children 10 years & under.
- Each participant must have a separate entry form including children.
- Registration begins at 7:30 a.m. with pre-race festivities.
- Registration is at River Greenway trail head behind Adams Memorial Hospital, 1100 Mercer Avenue, Decatur IN 46733
- T-Shirts/participation gift guaranteed to pre-registered. Extras available on race day as long as supplies last.

### Awards & Prizes

- 5K Run Awards: M/F Overall, 3 deep in each age groups for Male/Female.
- Each registrant will receive one raffle ticket for our Race Raffle. Additional tickets are \$1 each. Drawings will be held after trophy awards on race day.
- Bring 3-pk paper towels or 4-pk toilet paper to receive 5 additional raffle tickets.

### Course, Festivities & Facilities

- The entire course is paved and is a part of the River Greenway.
- Restroom (Porta Potties) at finish. Food and beverages at finish. Fluids on the course.
- Music will be provided by D/Town DJ's.
- Parking at Adams Memorial Hospital.

#### HOW DO I REGISTER?

Detach the registration and mail with payment to:  
**Adams Wells Crisis Center**  
PO Box 253  
Decatur, IN 46733

Complete a registration form for each participant.

### Entry Form

Please print clearly. One participant per entry.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Phone \_\_\_\_\_ Gender M / F

Age \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

<b>Event I will participate in:</b>	<b>Age Group</b>
<input type="checkbox"/> 5K Run	<input type="checkbox"/> 10 years & Under
<input type="checkbox"/> 5K Walk / Family Stroll	<input type="checkbox"/> 11-18 years old
	<input type="checkbox"/> 19-29 years old
<b>T-Shirt Size for 11 years and older</b>	<input type="checkbox"/> 30-39 years old
<input type="checkbox"/> Youth Large	<input type="checkbox"/> 40-49 years old
<input type="checkbox"/> Adult Small	<input type="checkbox"/> 50-59 years old
<input type="checkbox"/> Adult Medium	<input type="checkbox"/> 60 years and older
<input type="checkbox"/> Adult Large	
<input type="checkbox"/> Adult X-Large	

Registration Fees	Pre-Registration Before April 19	Registration After April 19
Age 10 Years and Under	<input type="checkbox"/> Free	<input type="checkbox"/> Free
Age 11 Years and Older	<input type="checkbox"/> \$12	<input type="checkbox"/> \$15
Amount Enclosed	_____	_____

#### "Complete the Circle" Kids Fun Run

\$2.00 Day of Event

Age Groups: 1-5 years & 6-10 years

#### Make Checks Payable:

Adams Wells Crisis Center  
PO Box 253, Decatur, IN 46733

Each participant must read and sign waiver on other side of registration form.

Minors must have the signature of a guardian.